

### STUDY UPDATES

Enrolled: 4962 | UK: 514  
Randomised 2919 | UK: 333

### Ancillary Studies

#### CKD

Enrolled: 264 | UK: 3  
Randomised 250 | UK: 3

#### CIAO

Enrolled: 76 | UK: 18

### The ISCHEMIA World Cup has started

The scores for each round will be based on country performance using three criteria:

- ⇒ **Randomisation rate**
- ⇒ **Optimal Revascularization Therapy Compliance**
- ⇒ **Female Enrollment rate**

Visit [www.ischemiatrial.org](http://www.ischemiatrial.org) to find out more about the rules of the contest.

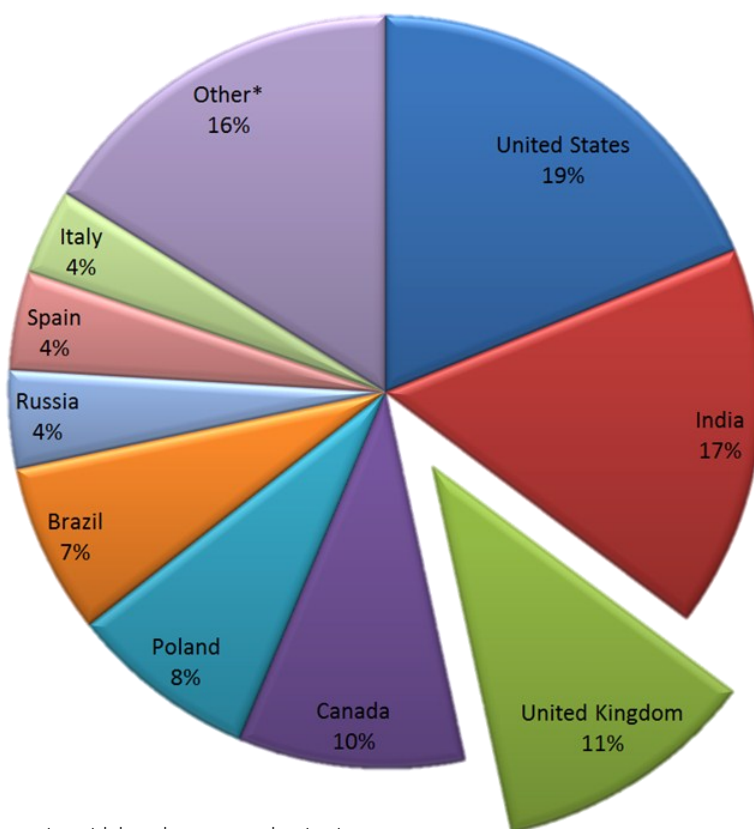
### Goals 2016: Reaching Even Higher!

The United Kingdom has randomised 333 participants as of April 20th, 2016. Our projected target for the UK by the end of 2016 is **428 participants**.

If sites in the United Kingdom collectively randomise **at least 13 participants** per month, we will surpass the randomisation goals for the ISCHEMIA trial for the year.

*Together we can do it!*

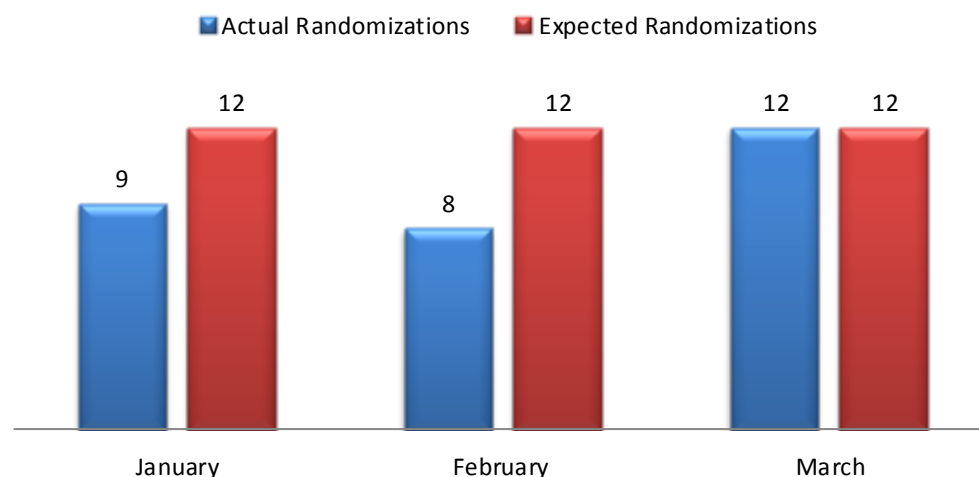
The United Kingdom is **NUMBER 3** in the world in total number of participants randomised!



\* - Denotes countries with less than 100 randomisations

Thank you to all the sites in the United Kingdom for your continued hard work, dedication, and success in the ISCHEMIA Trial! We are holding our standing as a great and consistent contributor to this landmark trial.

### UK Randomization Projection Targets: 1<sup>st</sup> Quarter 2016



If you have questions, please contact us:

UK Country Leader: **Prof. Roxy Senior**

UK Country Coordinator: **Grace Young**

#### Local Contact

☎ (020) 8 869 2366 | ✉ [gyoung6@nhs.net](mailto:gyoung6@nhs.net)

### ISCHEMIA Clinical Coordinating Center

Phone: 212-263-4225 | Fax: 646-754-9621

Email: [ischemia@nyumc.org](mailto:ischemia@nyumc.org)

#### Websites:

[www.ischemiatrial.org](http://www.ischemiatrial.org) [www.ischemiackd.org](http://www.ischemiackd.org)

UK's ALMAC Clinical Helpline: 0-800-032-3932

## INTERNATIONAL STUDY OF COMPARATIVE HEALTH EFFECTIVENESS WITH MEDICAL AND INVASIVE APPROACHES

**Data Quality Awards**

Congratulations! 2 sites in the United Kingdom have been recognized for superior data quality during the past 6 months. In appreciation for their efforts, each site will receive a Certificate of Excellence and an Amazon.com gift eCertificate valued at USD \$25!

Dr. Reto Gamma, Sarah Williams, Kim Holland, Rebecca Keskeys  
**Broomfield Hospital NHS Trust**

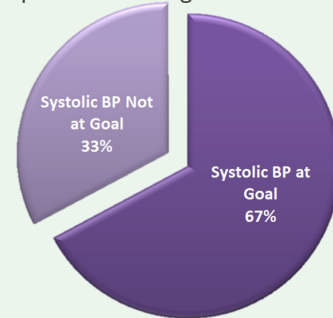
Prof. Roxy Senior, Dr. Ahmed Elgahmaz, Dr. Nathan Gurunathan, Christopher Kinsey, Dr. Nikolaos Karogiannis, Jo Evans, Raisa Kavalakkat, Emma Howard, Rory Collins  
**Northwick Park Hospital**

**Congratulations**

To Dr. Mark De Belder, Bev Atkinson, and Nicky Cunningham at **The James Cook University**! The site team has significantly increased their randomisation rate in the last few months and are getting closer to a randomisation rate of 1 participant per month. Keep up the great work!

**UK's PERFORMANCE IN OMT (OPTIMAL MEDICAL THERAPY)**

Approximately 64% of all randomised ISCHEMIA participants are at Systolic BP and LDL-C goal! Let's keep up the good work and strive for at least 75% of participants at OMT goal.



Tips to get Participant to goal:

- Prescribe Maximum dose High Intensity Statins (Rosuvastatin 40mg or Atorvastatin 80mg)
- Focus on participants that require the most assistance in obtaining LDL-C or Systolic BP goal

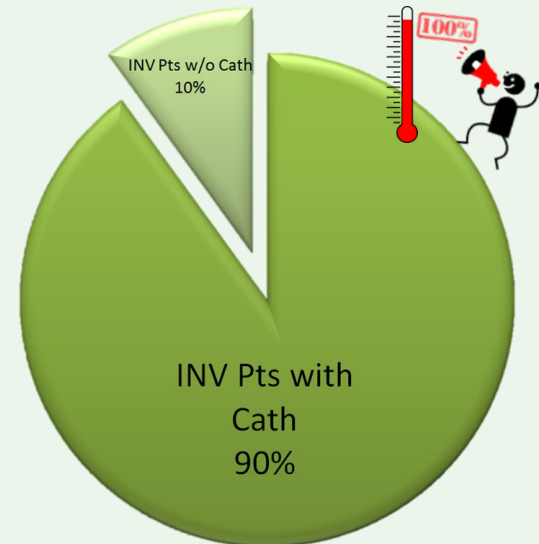
If you have any questions please contact the CCC Risk Factor Management Team at [ischemia@nyumc.org](mailto:ischemia@nyumc.org)

**UK's OPTIMAL REVASCULARIZATION THERAPY (ORT) COMPLIANCE****PUSHING FOR THE 100%!**

Ensuring participants randomised to the Invasive strategy receive their catheterizations is one of the top priorities in the ISCHEMIA trial. Thanks to our diligent teams our rate of INV participants with a cath is at least 90%!

With the continued efforts, we know that 100% catheterizations can be reached in the UK! Please keep up the amazing work and continue to educate INV participants on the importance of adherence to the treatment strategies.

As a reminder, please be sure to complete all necessary forms (SITECATH, SITECAT2, FACHOSP, PCIDTLS, SITECABG, CABGDTLS, SITEECG, or EXTCARE) and collect cardiac markers prior to and post the PCI and/or CABG procedures.

**UK's TOP RANDOMISERS**

INSTITUTION	PRINCIPAL INVESTIGATOR	ISCHEMIA RANDOMISATIONS	ISCHEMIA RANDOMISATION RATE	ISCHEMIA-CKD RANDOMISATIONS
Northwick Park Hospital	Senior, Roxy	127	3.47	2
Broomfield Hospital NHS Trust	Gamma, Reto	24	0.98	1
Southend University Hospital NHS	Nageh, Thuraia	19	0.92	0
The James Cook University Hospital	De Belder, Mark	25	0.74	0
The University of Hull/Castle Hill Hospital	Hoye, Angela	15	0.45	0