

# REGIONAL NEWSLETTER MIDDLE EAST



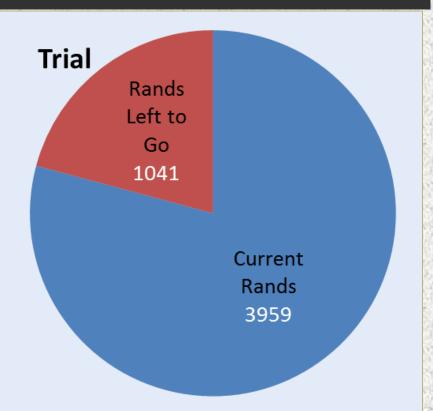
International Study of Comparative Health Effectiveness with Medical and Invasive Approaches

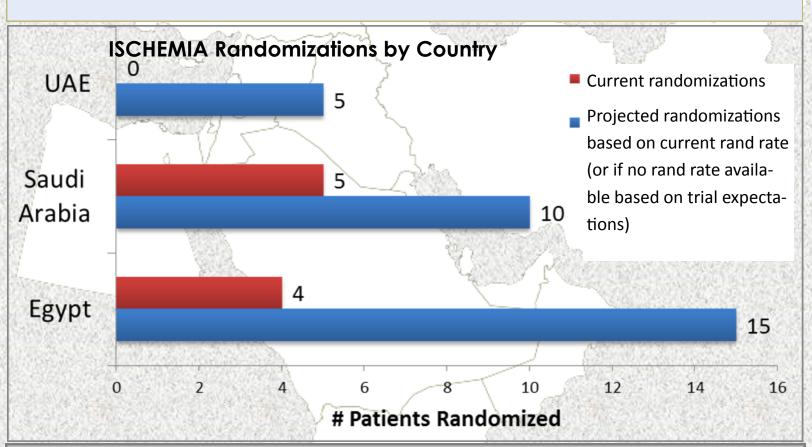
NYU Cardiovascular Clinical Research Center

Winter 2017



We need your help to reach our target of **5000** randomizations by the end of 2017!

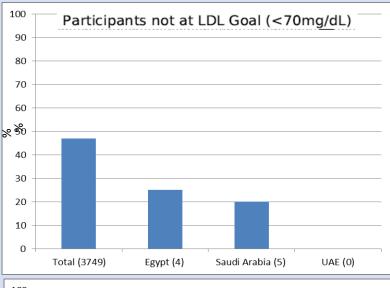


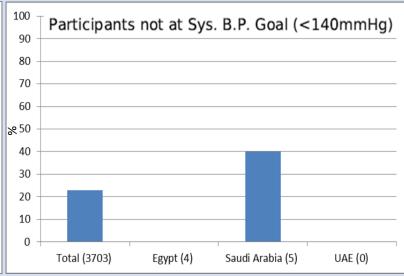


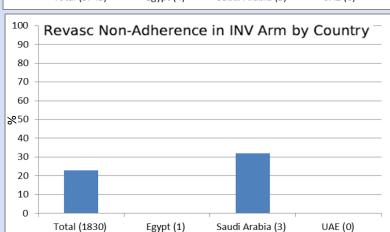
ISCHEMIA Clinical Coordinating Center Phone: 212-263-4225 | Fax: 646-754-9621

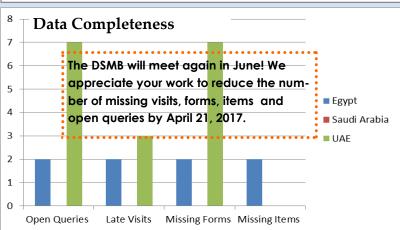
Email: ischemia@nyumc.org Websites: www.ischemiatrial.org www.ischemiackd.org

#### Protocol Adherence and Site Performance in the Middle East







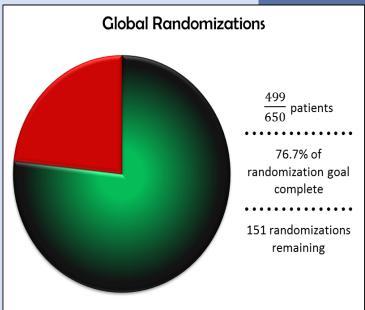


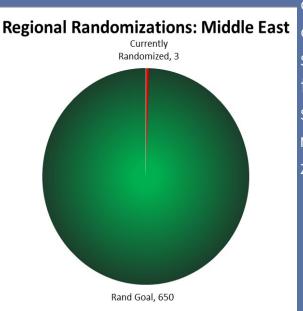


#### Don't forget...

Use an **Anginal Equivalents Questionnaire** clinically to identify patients with atypical symptoms but at risk for CAD

**Schedule catheterization ASAP** after randomization to INV to help with protocol adherence, if there is non-





obstructive disease seen use FFR to confirm suitability for revascularization

## Things to Look Forward To

#### **Educational Policy**

High performing sites (large amount of data entered accurately/ completely with randomization rates higher than rate in 2015 and high participant retention rate) will be eligible to have reimbursement of expenses for one staff member to attend a national cardiology congress!

### **End of Study Meeting**

Sites with a minimum of 25-30 randomized participants and 2017 randomization rate is ≥ their 2016 rate.

### **Writing Group Assignment**

Prioritization for writing group assignment for sites with high ranking based on total randomization, randomization rate, percentage of female randomizations, protocol adherence (core lab concordant stress test interpretations, crossovers, OMT, ORT < 30 days post randomization), data completion.

## **Things Not to Forget!**

Have a **thorough consent process** to exclude patients unwilling to adhere to assigned treatment strategy

Perform **cath and revasc in INV group** in target 30 days postrandomization

Cardiac marker collection both pre– and post-randomization and report ALL cardiac markers collected for ALL participants in InForm

Complete endpoint event ascertainment at each participant contact

Prevent participant withdrawals, offer alternatives follow-up methods.

All participants should be treated with **high intensity statin therapy** (rosuvastatin 40 mg or atorvastatin 80 mg)

**Study coordinator support is essential** for timely follow-up and data completion