

December 2015

**HAPPY NEW YEAR  
2016**

**Congratulations to the top randomizing sites this fall!**

**Dr. Gilbert Gosselin**  
Molywan Vat  
**Montreal Heart Institute**  
3 Randomizations (Rands) (52 total)

**Dr. Amar Uxa**  
Nadia Asif  
University Health  
Network  
2 Rands (8 total)

**Dr. Asim Cheema**  
Mohammed Hussain  
St. Michael's Hospital  
2 Rands (16 total + 1  
CKD)

**Dr. Ariel Diaz**  
Isabelle Roy  
Centre Hospitalier de  
Regional Trios-Rivieres  
2 Rands (40 total)

**Trial Status**

■ Canada ■ Worldwide



Worldwide: 2510 randomizations  
Canada: 253 randomizations

**Optimal Medical Therapy**

It is essential that patients in both treatment arms receive optimal medical therapy (OMT) to test the added value of revascularization. This includes monitoring LDL cholesterol and blood pressure. Please review monthly site-specific OMT reports (new reporting frequency, new design to focus on participants not at goal).

**Drug Donations**

Thanks to generous donations from AstraZeneca, Merck and Arbor Pharmaceuticals, Canadian patients participating in the ISCHEMIA trial have access to free rosuvastatin (Crestor), ticagrelor (Brilinta), and nitrolingual spray. We hope to have ezetimibe (Ezetrol) available soon as well!

Please consider these for your patients, especially those who don't have insurance; it will help to achieve OMT!

**CIAO**

Don't forget to consider any patient with stress echo-determined moderate-to-severe ischemia who *doesn't* have significant obstructive disease on CT angiography for CIAO!

**CKD**

To enhance enrollment for CKD, connect with your nephrologists to recruit patients on dialysis and/or on a renal transplant list.



[www.facebook.com/ISCHEMIA.Trial/](http://www.facebook.com/ISCHEMIA.Trial/)

**ISCHEMIA Awareness Strategies**

- Send letters to referring physicians
- Engage thought leaders at your institution to obtain greater "buy in" for the ISCHEMIA trial
- Give Grand Medical or Cardiology Rounds (we'll provide slides!)
- Offer ISCHEMIA trial presentations at local conferences and educational meetings
- Provide study materials to your local exercise treadmill and stress imaging (nuclear, echo) laboratories (e.g., posters)

Country Leaders: Drs. Gilbert Gosselin, Vlad Dzavik, and Shaun Goodman  
ISCHEMIA-CKD Country Lead Cardiologists: Drs. Akshay Bagai and Kevin Bainey  
ISCHEMIA-CKD Country Lead Nephrologist : Dr. Ron Wald  
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